

Darwin's Birthday

February 22th we are celebrating Charles Darwin's 200th birthday with a party during coffee hour followed by a movie about the relationship between Darwin's scientific discoveries and his religious beliefs. No fee.

Coming this Spring

Religari — theater experience from concept to production in one day

Two films on grief — Michele Peticolas

Healing the wounds of our Religious Past
— Rev. Denis Paul

We do not want to turn anyone away because they can't afford the fee for a class. Fees are charged to cover the costs of materials and other program related expenses. Scholarships or work/study options are available for anyone who needs them. Contact Betty Skwarek for more information.



**Questions? Contact Betty Skwarek,
Acting Director of Religious Education**
bskwarek@uusf.org
415 776-4580 ext. 162

Registration? Forms are available on-line, in the church office and in various places around the church.

Help? Contact Betty Skwarek or come to the Adult RE Committee meeting held at 6:30 on the second Tuesday of the month upstairs from the office.

Programming decisions are made by the Adult Religious Education Committee . It meets the second Tuesday of each month.

**Finding our way
together as Unitarian
Universalists**



**Adult Religious
Education (rev. 2-8-09)**

**First Unitarian Universalist Society
San Francisco — (415) 776-4580 x162
bskwarek@uusf.org**

Who—What—When—Where?

Faith Development

World Meditation Practice with Adin Eichler, Sundays 0:00 to 10:30, in Dutton Library. Adin is a trained Buddhist monk and teacher of world religions. The session begins with an explanation of a form of meditation from one of the world's religion followed by a time for each participant to meditate. The practice sets a worshipful mood for the service that follows. All are welcome. No fee.

Introduction to Buddhist Meditation taught by Insight Meditation instructors, Mondays 7:00 to 9:00, Jan 12 through Feb 9, plus a full-day Saturday workshop, Feb 7. Instruction is based on the four Foundations of Mindfulness. Each session includes guided meditation instruction and talks on basic Buddhist teachings. Fee \$50.



New UU Sharing the Journey, Rev. Alyson Jacks, Sundays 12:30 to 3:00, Jan 25 through Feb 8. Rev. Jacks is a community minister affiliated with our congregation. In this course you will get an excellent introduction to Unitarian Universalism and to our San Francisco congregation. No fee.

Building Your Own Theology with Rev. Greg Stewart, Thursdays 7:00 to 9:00, Feb 19 to Mar 19. Unitarian Universalists ask questions: Do I believe in God? What happens to me when I die? How do I find truth? Who am I? If you would like to tackle these questions with other who are interested in exploring issues of ultimacy, this class is for you. Rev. Stewart is our senior minister. Fee \$25.

Religion and Theology

Unitarian Universalist Roots, Amy Kelly, Wednesdays, 7:00 to 9:00, Feb 25 to Mar 25. Amy is a birthright Universalist with a deep understanding of our denomination's history and practices. She presents her classes in a very engaging manner. Fee \$20.

Biology for Religion and Ethics, Peter Olandt, Ministerial Intern, 7:00 to 9:00, Thursdays, March 5, 12 and 19. Before studying for the ministry, Peter was a molecular biologist. The ethical issues being considered are cloning and abortion. This is a unique opportunity to contemplate these important issues with someone who can help you deepen your prospective both scientifically and ethically. Fee \$15.

What New Ministers Read, Peter Olandt, Ministerial Intern, and Betty Skwarek, Acting Director of Religious Education, third Sundays 12:30 to 2, Feb 15 to May 17. Early Unitarian Sermons will be the first topic. People who have read the selection may participate in the discussion. Other attendees will have time to share at the end. Fee \$5 or \$2 per session.

Interconnections



Clues facilitated by Carol Parvin, first Wednesdays, 7:15 to 8:45 in Stebbins Library. For mystery buffs who like to share what they have read and are looking for new ideas and materials. Fee for the series is \$20.

Parent Group facilitated by Winnie Porter, 10:00 to 10:45 on the second and third Sundays of every month in the Religious Education library. Hang out, talk and make friends while discussing a variety of topics relevant to parenting. No fee.

Everybody's Art led by Theda Burke, Kristen Stephens, and Barbara Sizelove, third Sundays, 10:00 to 10:45 Jan through May in the Art room. The class is open to anyone over 5 who enjoys artistic creation and wants some support and instruction while working. No fee.

Sunday Sing-Along with Carolyn Jayne and other musicians, first Sundays, 10:00 to 10:45 in the chapel Jan through May. Join with singers of all ages as they belt out some of the most rousing songs in UUdom and learn a variety of numbers from our hymnal and other musical sources. No fee.